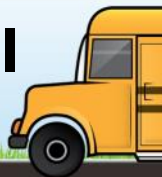




# St. Aloysius School

## September 2016 Lunch Menu

Healthy Meals Grow Healthy Kids!



### Mac's Nutrition News: *Jersey Fresh Farm to School Week*



Farm Fresh Produce will be available from September 26th through the 30th.

Look out for the Jersey Fresh Symbol on the lunch line!

Local produce decreases the food miles from the farm to your cafeteria.

Local fruits and vegetables are in season and taste great!

Student Lunch	\$3.25
Adult Lunch	\$2.25
<b>"SIDEKICKS"</b>	
Potato/Sausage	\$1.00
Vegetable/Salad/Fruit	\$0.60
Soup w/Crackers	\$1.00
Milk	\$0.65
Water/Fruit Juice	\$0.60
Hot Pretzel	\$1.00
Funnel Cake/ Nachos	\$1.00
Churro	\$1.00
Ice Cream	\$0.75/\$1.25
Baked Chips	\$0.65
Baked Cookie	\$0.35--3/\$1.00

### Beverage Choice:

Your Meal Comes with the

Choice of:

Flavored/Unflavored

Low Fat Milk ,

Iced Tea, Lemonade or

Water

### Maschio's Swap Outs

**Monday:** Turkey & Cheese Sandwich

**Tuesday:** Chicken Caesar Salad with a Dinner Roll

**Wednesday:** No Swap out today

**Thursday:** Super Sub Sandwich

**Friday:** Spicy Chicken Caesar Salad

### Maschio's Swap Outs Available Daily

Bagel Bag Meal

Cereal Bag Meal

Peanut Butter & Jelly Uncrustable

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
<b>We Hope You Enjoyed Your Summer Vacation!</b>				
5 <b>Labor Day</b>	6 HALF DAY NO LUNCH SERVED	7 HALF DAY NO LUNCH SERVED	8 FULL DAY NO LUNCH SERVED	9 FULL DAY NO LUNCH SERVED
12 Fluffy Pancakes With Syrup Hash Brown Potato Crispy Bacon Fresh or Chilled Fruit	13 Choice of a Hamburger Or Cheeseburger On a Bun Potato Chips Pickles Fresh or Chilled Fruit	14 Crispy Chicken Nuggets Dinner Roll Golden Corn Fresh or Chilled Fruit	15 Baked Macaroni & Cheese Steamed Broccoli Corn Muffin Fresh or Chilled Fruit	16 New York Style Pizza Tossed Garden Salad Fresh or Chilled Fruit
19 French Toast With Syrup Hash Brown Potato Crispy Bacon Fresh or Chilled Fruit	20 Grilled Cheese Sandwich Potato Chips Fresh or Chilled Fruit	21 Crispy Chicken Tenders Buttered Noodles Golden Corn Fresh or Chilled Fruit	22 Hot Dog On a Bun Macaroni Salad Fresh or Chilled Fruit	23 New York Style Pizza Tossed Garden Salad Fresh or Chilled Fruit
26 Egg, Bacon, & Cheese On a Bagel Hash Brown Potato Fresh or Chilled Fruit	27 Seasoned Taco Meat With Scoops Shredded Lettuce Shredded Cheddar Cheese & Salsa Jersey Fresh Fruit	28 Choice of a Plain or Spicy Chicken Sandwich on a Bun Potato Chips Fresh or Chilled Fruit	29 "CHEF'S" CHOICE DAY Jersey Fresh Fruit	30 New York Style Pizza Jersey Fresh Pepper Dippers Fresh or Chilled Fruit



## Jersey Fresh Farm to School Week



Check us out on Facebook : [Maschio's Food Services, Inc.](#)

MENU SUBJECT TO CHANGE

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at Your School

Lunch Tickets are available in the cafeteria:

10 for \$32.50 / 20 for \$65.00

**Please Make Checks Payable To:**

**Maschio's Food Services, Inc.**



"This institution is an equal opportunity provider"